



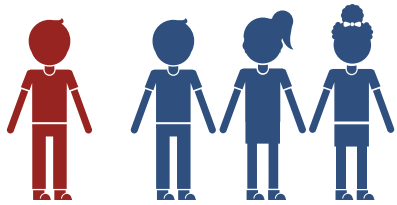
OKPOLICY.ORG

Oklahoma Policy Institute

FACT SHEET: HUNGER IN OKLAHOMA

654,640 OKLAHOMANS

are “food insecure,” which means they don’t have consistent access to enough food for an active, healthy lifestyle. Source: Feeding America, 2013



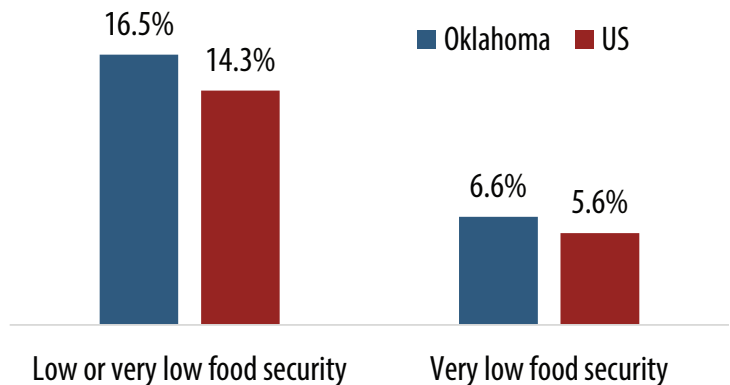
More than 1 in 4 (29%)

Oklahoma children rely on SNAP (food stamps) to have enough to eat.

Source: Children’s Defense Fund, 2015
Icons by Marie Van den Broeck

Oklahomans are more likely to be food insecure than most Americans.

Source: 2012-2014 average, USDA



Many chronic diseases and health conditions related to food insecurity are more common in Oklahoma than in many other states.

All health statistics for adults in 2013; Source: Kaiser Family Foundation

	National Ranking	Prevalence in Oklahoma
Diabetes	11th	11.0%
Cardiovascular Disease	6th	2.9%
High Cholesterol	7th	41.2%
Overweight or Obese	6th	67.9%

Programs like SNAP (food stamps), school meals, community food banks, and others are extremely important for helping all Oklahomans to access nutritious food. Oklahoma must remain vigilant to protect and improve our food security safety net. To download this fact sheet and find other research and materials, go to: [www://okpolicy.org/food-security](http://www.okpolicy.org/food-security)